

Computer programming for beginners learn the basi Tutorial

Computer programming for beginners learn the basi is an exciting journey into the world of technology that can open numerous opportunities. Whether you're interested in creating your own apps, automating tasks, or understanding how software works, starting with the basics of programming is essential. This guide aims to introduce beginners to fundamental concepts, essential tools, and best practices to kickstart their programming adventure confidently.

Understanding What Computer Programming Is

Defining Programming

Programming is the process of writing instructions that a computer can understand and execute. These instructions, known as code, tell the computer how to perform specific tasks, from simple calculations to complex data processing.

The Role of Programming Languages

Programming languages are formal languages comprising a set of instructions used to write software programs. Examples include Python, Java, C++, and JavaScript. Each language has its syntax and use cases, but the core principles of programming remain consistent across languages.

Getting Started with Programming

Selecting an Easy-to-Learn Language

For beginners, choosing the right programming language can make the learning process smoother. Some popular beginner-friendly languages include:

- **Python:** Known for its simple syntax, making it ideal for newcomers.
- **JavaScript:** Great for web development and interactive websites.
- **Scratch:** Visual programming language for absolute beginners, especially younger learners.

Setting Up Your Development Environment

To write and test code, you'll need a text editor or an Integrated Development Environment (IDE).

Some beginner-friendly options are:

- **VS Code:** A popular, free code editor with many extensions.
- **PyCharm (Community Edition):** Specifically for Python development.
- **Online Platforms:** Websites like Replit or CodeSandbox allow coding directly in your browser without installations.

Understanding Basic Programming Concepts

Before diving into coding, familiarize yourself with core concepts such as:

- **Variables:** Storage containers for data.
- **Data Types:** Different kinds of data like numbers, text, or boolean values.
- **Operators:** Symbols that perform operations like addition or comparison.
- **Control Structures:** Guides the flow of the program, e.g., if-else statements and loops.
- **Functions:** Blocks of reusable code that perform specific tasks.

Writing Your First Program

Hello World: The Traditional First Step

Most programming tutorials start with printing "Hello, World!" to the screen. Here's an example in Python:

```
print("Hello, World!")
```

This simple line of code displays the message, confirming that your environment is set up correctly.

Experimenting with Basic Code

Try modifying your first program:

- Change the message to greet yourself or your favorite character.
- Add multiple print statements to display several messages.
- Use variables to store and display custom messages.

Learning Through Practice and Projects

Starting Small Projects

Practice is key in programming. Begin with simple projects such as:

- Calculator app that performs basic arithmetic.
- To-do list application to manage tasks.
- Number guessing game to practice control flows.

Utilizing Online Resources

Leverage free tutorials, coding challenges, and forums:

- [Codecademy](#)
- [freeCodeCamp](#)
- [LeetCode](#)

Understanding Debugging and Error Handling

Common Errors Beginners Face

Errors are a natural part of programming. Common issues include:

- Syntax errors: Mistakes in code syntax, like missing semicolons or misspelled commands.
- Logic errors: The code runs but produces unintended results.
- Runtime errors: Problems that occur while the program is running, such as dividing by zero.

Effective Debugging Techniques

- Read error messages carefully to understand the problem.
- Use print statements or debugging tools to trace code execution.
- Break down complex code into smaller parts to isolate issues.
- Consult online communities and documentation when stuck.

Best Practices for Beginner Programmers

Write Clear and Commented Code

- Use meaningful variable names.

- Add comments to explain your logic, which helps when revisiting your code later.

Practice Regularly

Consistency is vital. Dedicate time daily or weekly to coding to reinforce learning.

Keep Learning and Exploring

- Explore different programming languages and paradigms.
- Read programming books and blogs.
- Participate in coding challenges and hackathons.

Building a Portfolio and Advancing Your Skills

Create Personal Projects

Develop projects that interest you, such as a personal website, a game, or automation scripts. This not only enhances skills but also builds a portfolio.

Share Your Work

Publish your code on platforms like GitHub to showcase your progress and collaborate with others.

Join Coding Communities

Engage with online communities, attend meetups, or join coding forums to learn from others and stay motivated.

Conclusion

Embarking on the journey of computer programming for beginners learn the basi can be highly rewarding. By understanding fundamental concepts, practicing regularly, and leveraging available resources, you can develop a strong foundation in coding. Remember, everyone starts somewhere, and persistence is key. With dedication and curiosity, you'll be able to create your own programs, solve problems, and unlock new opportunities in the digital world. Happy coding!

Computer programming for beginners learn the basics is an exciting journey that opens up a world of possibilities, from creating simple scripts to developing complex applications. Whether you're a student, a professional exploring new skills, or a hobbyist passionate about technology, understanding the fundamentals of programming is essential. This guide aims to introduce

beginners to the core concepts, languages, tools, and best practices that form the foundation of computer programming. By the end of this article, you'll have a clearer idea of how to start your programming journey confidently.

Introduction to Computer Programming

Programming is the process of writing instructions that a computer can interpret and execute. These instructions, known as code, are written in programming languages that humans can understand and computers can process. Learning programming involves understanding logic, syntax, problem-solving, and how to translate ideas into functioning software.

Why Learn Programming?

- Enhances problem-solving skills
- Opens career opportunities in tech and other industries
- Enables automation of repetitive tasks
- Fosters creativity through software development

Understanding the Basics of Programming

What is a Programming Language?

A programming language is a formal language comprising a set of instructions used to produce various kinds of output, like software applications or scripts. Languages differ in syntax, features, and use cases.

Common beginner-friendly languages include:

- Python
- JavaScript
- Java
- C
- Ruby

Core Programming Concepts

- Variables: Store data values that can change during program execution.
- Data Types: Define the kind of data (integers, strings, floats, booleans).

- Operators: Perform operations on variables and values (arithmetic, comparison, logical).
- Control Structures: Manage the flow of the program (if-else statements, loops).
- Functions: Encapsulate reusable blocks of code.
- Objects and Classes: Fundamental to object-oriented programming, representing entities with properties and behaviors.

Understanding Syntax and Semantics

Syntax refers to the structure or grammar of the code, while semantics define the meaning. Correct syntax ensures that the program runs without errors, while proper semantics make sure the code does what it's intended to.

Getting Started with Programming

Choosing the Right Language

For beginners, selecting an accessible and versatile language is crucial. Python is widely recommended due to its simplicity and readability. JavaScript is another excellent choice, especially for web development.

Factors to consider:

- Purpose of learning (web, mobile, data science)
- Community support and resources
- Ease of learning

Setting Up Your Development Environment

A development environment includes tools where you write, test, and debug your code.

- Text Editors: Notepad++, Sublime Text, VS Code
- IDEs (Integrated Development Environments): PyCharm, Eclipse, Visual Studio
- Online Platforms: Replit, CodeSandbox, Google Colab

Most beginners start with free, user-friendly editors like Visual Studio Code or online platforms that require no setup.

Writing Your First Program

A classic first program is "Hello, World!".

Python example:

```
```python  

print("Hello, World!")

```
```

This simple line displays the message on the screen and introduces you to syntax and output functions.

Core Programming Skills and Concepts

Variables and Data Types

Variables are containers for data. They can hold different data types, such as:

- Integers: Whole numbers (e.g., 1, -5, 100)
- Floats: Decimal numbers (e.g., 3.14, -0.001)
- Strings: Text (e.g., "Hello")
- Booleans: True or False values

Example in Python:

```
```python  

name = "Alice"

age = 25

is_student = True

```
```

Control Structures

Control structures enable decision-making and repetition.

- If-else statements:

```
```python
if age > 18:
 print("Adult")
else:
 print("Minor")
```
```

- Loops:
- For Loop:

```
```python
for i in range(5):
 print(i)
```
```

- While Loop:

```
```python
count = 0

while count < 5:
 print(count)
 count += 1
```
```

Functions

Functions are blocks of reusable code that perform specific tasks.

Example:

```
```python
def greet(name):
 return f"Hello, {name}!"

print(greet("Alice"))
```
```

Basic Data Structures

- Lists: Ordered collections
- Dictionaries: Key-value pairs
- Tuples: Immutable sequences
- Sets: Unordered collections of unique elements

Best Practices for Beginners

Start Small and Practice Regularly

Begin with simple programs, like calculators or basic games, and gradually increase complexity.

Write Readable and Commented Code

Use meaningful variable names and comments to explain your logic, which helps in debugging and future learning.

Utilize Resources and Community

Leverage online tutorials, forums like Stack Overflow, coding challenges (LeetCode, HackerRank), and local meetups.

Debugging and Error Handling

Learn to read error messages and debug your code systematically. Patience and persistence are

key.

Learning Path and Resources

Online Courses and Tutorials

- Codecademy
- freeCodeCamp
- Coursera
- Udemy

Books for Beginners

- "Python Crash Course" by Eric Matthes
- "Automate the Boring Stuff with Python" by Al Sweigart
- "Eloquent JavaScript" by Marijn Haverbeke

Practice Platforms

- LeetCode
- HackerRank
- Codewars
- Codingame

Moving Forward: Advanced Topics for Beginners

Once comfortable with the basics, learners can explore:

- Object-Oriented Programming (OOP)
- Data Structures and Algorithms
- Working with APIs
- Web Development (HTML, CSS, JavaScript frameworks)
- Databases and SQL
- Version Control (Git and GitHub)

Pros and Cons of Learning Programming as a Beginner

Pros:

- Develops logical thinking and problem-solving skills
- Opens diverse career paths
- Enables automation and productivity improvements
- Fosters creativity and innovation

Cons:

- Initial learning curve can be steep
- Requires patience and continuous practice
- Can be frustrating when encountering bugs
- Rapid technological changes require ongoing learning

Conclusion

Learning computer programming for beginners learn the basics is a rewarding endeavor that lays the groundwork for a multitude of technological skills. Starting with simple languages like Python or JavaScript, setting up a supportive environment, and practicing regularly are key steps toward becoming proficient. Remember that patience, curiosity, and persistence are your best tools on this journey. With dedication, you'll soon be able to create your own programs, contribute to open-source projects, or even develop a career in technology. Embrace the learning process, seek help when needed, and celebrate your progress along the way. Happy coding!

QuestionAnswer What are the first steps to start learning computer programming as a beginner? Begin by choosing a beginner-friendly programming language like Python or JavaScript, set up your development environment, and start with basic concepts such as variables, data types, and simple syntax. Practice regularly through small projects and online tutorials to build your understanding. Why is understanding basic programming concepts important for beginners? Understanding fundamental concepts like loops, conditionals, and functions helps you write efficient code, troubleshoot problems, and develop a strong foundation for learning more advanced topics in programming. What are some popular beginner-friendly programming languages? Python, JavaScript, and Scratch are widely recommended for beginners due to their simple syntax, large community support, and extensive learning resources. How can I practice coding effectively as a beginner? Practice by working on small projects, solving coding challenges on platforms like Codecademy, LeetCode, or HackerRank, and regularly experimenting with writing code to reinforce your learning. Are online courses a good way for beginners to learn programming? Yes, online courses provide structured learning paths, interactive exercises, and access to a community of learners, making them an excellent resource for beginners to grasp programming basics. What are

common mistakes beginners make when learning programming? Common mistakes include trying to learn too many concepts at once, neglecting foundational topics, not practicing enough, and getting discouraged by errors instead of using them as learning opportunities. How long does it typically take to learn the basics of computer programming? It varies depending on the individual and effort, but many beginners can grasp fundamental programming concepts within a few months with consistent practice and study.

Related keywords: computer programming, beginner coding, learn to code, programming basics, coding for beginners, introductory programming, beginner coding tutorials, learn programming fundamentals, start coding, programming concepts

eleven beginners ng eleven beginners 11 cm globus

eleven beginners ng eleven beginners 11 cm globus is a popular educational and decorative item that combines functionality with aesthetic appeal, making it an ideal choice for students, educators, and globetrotters alike. Whether you're a novice explorer or simply looking to add a touch of sophistication to your space, understanding the features, benefits, and uses of an 11 cm globus can significantly enhance your experience. In this comprehensive guide, we will delve into the details of the eleven beginners ng eleven beginners 11 cm globus, exploring its design, educational value, and tips for choosing the perfect globe for your needs.

What is an 11 cm Globus?

Definition and Overview

An 11 cm globus is a small, portable globe typically designed for beginners or educational purposes. Its compact size makes it easy to handle and ideal for placement on desks, shelves, or educational kits. The "11 cm" refers to the diameter of the globe, which is approximately 4.3 inches, making it a convenient size for various settings.

Features of a Typical 11 cm Globus

- Size: Compact and lightweight, suitable for children and beginners.
- Design: Usually features detailed cartography with country boundaries, major cities, and geographical features.
- Material: Often made from durable plastic or similar lightweight materials.
- Color Scheme: Bright, contrasting colors for easy differentiation of continents, countries, and

oceans.

- Stand: Comes with a stable base or stand to allow 360-degree rotation for easy viewing.

Benefits of Using an Eleven Beginners ng Eleven Beginners 11 cm Globus

Educational Advantages

- Enhances Geography Knowledge: Helps learners familiarize themselves with world geography, including continents, countries, and major cities.
- Visual Learning: Offers a visual and tactile way to understand spatial relationships between different parts of the world.
- Interactive Learning Tool: Encourages curiosity and exploration through hands-on interaction.

Practical Uses

- Desk Decoration: Adds aesthetic appeal to study desks or office spaces.
- Travel Planning: Useful for visualizing routes and understanding global geography for travel enthusiasts.
- Teaching Aid: Aids teachers in making geography lessons more engaging and comprehensible for students.

Advantages of the Small Size

- Easy to transport and store.
- Suitable for limited spaces.
- Perfect for beginners who are just starting to learn about world geography.

Key Features to Consider When Choosing an 11 cm Globus

1. Cartographic Detail

A good globus should have clear, accurate, and up-to-date maps. Check for:

- Accurate country borders and names
- Major cities and capitals
- Physical features like mountains and rivers

- Color differentiation for continents and oceans

2. Material and Durability

Choose a globus made from sturdy, child-safe materials that can withstand handling.

3. Stand and Rotation

A reliable stand that allows smooth 360-degree rotation enhances usability, especially for educational purposes.

4. Educational Features

Some globuses include additional features such as:

- Flag markings
- Time zones
- Inclusion of political and physical maps

5. Price and Brand

Balance quality with affordability. Popular brands often offer better durability and detail.

Top Uses of an Eleven Beginners ng Eleven Beginners 11 cm Globus

For Students and Learners

A small globe helps students grasp global geography concepts early on, making learning more engaging.

In Classrooms

Teachers can use the globe as a visual aid during lessons, facilitating interactive sessions.

At Home or Office

Ideal for personal use, to plan trips, or simply as a decorative piece that sparks conversations.

Gift Item

A globe makes an educational and thoughtful gift for children, students, or travel lovers.

Maintaining and Caring for Your Globus

Cleaning Tips

- Use a soft, damp cloth to wipe the surface.
- Avoid using harsh chemicals that could damage the map or colors.
- Regularly dust the stand and rotation mechanism.

Storage Recommendations

- Keep the globe in a location where it won't be knocked over or scratched.
- Avoid exposing it to direct sunlight for prolonged periods, which can fade the colors.

Handling Tips

- Handle with care to prevent cracks or damage.
- Use the stand to rotate, avoiding excessive force.

Where to Buy an Eleven Beginners ng Eleven Beginners 11 cm Globus

Online Retailers

- Amazon
- Educational supply stores
- Specialty globe shops

Physical Stores

- Educational stores
- Bookstores with educational sections
- Department stores

Tips for Buying

- Check reviews for quality and durability.
- Compare prices and features.
- Ensure the product comes with a warranty or guarantee.

Conclusion

An eleven beginners ng eleven beginners 11 cm globus is more than just a decorative item; it is an educational tool that fosters curiosity, enhances geographical knowledge, and adds aesthetic value to any space. Its compact size, ease of handling, and detailed cartography make it a perfect choice for beginners, students, and educators alike. Whether for learning, teaching, or simply decorating your space, selecting the right globe involves considering features like detail, durability, and usability. With proper care and attention, your globus can serve as a valuable resource for years to come, inspiring exploration and learning about our fascinating world.

By choosing an 11 cm globus, you invest in a versatile, educational, and decorative item that brings the world closer to you. Start your journey of discovery today!

eleven beginners ng eleven beginners 11 cm globus: An In-Depth Review and Analysis

Understanding the significance of educational and decorative globes in today's learning environments, the eleven beginners ng eleven beginners 11 cm globus emerges as a notable product aimed at young learners. This compact globe, measuring 11 centimeters in diameter, is designed to introduce children to geography in an engaging, accessible, and visually appealing way. As a tool for both education and curiosity stimulation, this globe warrants a comprehensive examination to understand its features, benefits, limitations, and overall value for beginners.

Introduction to the Eleven Beginners 11 cm Globus

What is the Eleven Beginners 11 cm Globus?

The eleven beginners ng eleven beginners 11 cm globus is a miniature globe tailored for early learners, typically children aged 3 to 10 years old. Its compact size allows for easy handling, making it suitable for classroom use, home study, and as a decorative piece that sparks curiosity about the world.

Designed with simplicity and educational effectiveness in mind, this globe features a scaled-down representation of the Earth, highlighting continents, countries, major cities, and physical features such as mountain ranges and bodies of water. Its design philosophy centers on fostering geographical awareness in an engaging manner that appeals to young minds.

Key Features at a Glance

- Size: 11 centimeters in diameter
- Material: Durable plastic with a smooth finish
- Color Scheme: Brightly colored continents, contrasting with blue oceans
- Labels: Clear, large font for country names and major cities
- Stand: Often comes with a stable base or stand for easy placement
- Educational Focus: Basic geographical knowledge suited for beginners

Design and Build Quality

Materials and Durability

The globe's construction uses high-quality, child-safe plastics, ensuring durability against drops and rough handling typical in a young child's environment. The surface finish is smooth, minimizing the risk of injury and making cleaning straightforward. The stand, usually made of sturdy plastic or metal, supports the globe securely and allows for easy rotation.

Color and Visual Appeal

One of the defining features of the eleven beginners globus is its vibrant color scheme. The continents are painted in bright hues such as yellow, green, orange, and pink, making each landmass easily distinguishable. The oceans are rendered in a consistent blue shade, providing a clear contrast that enhances visual learning. The labels are large and legible, aiding recognition and memorization.

Size and Handling

With an 11-centimeter diameter, this globe strikes a balance between being small enough for children to handle comfortably and large enough to display essential geographical features. Its size makes it portable, fitting on desks, shelves, or small study tables, encouraging frequent interaction.

Educational Content and Accuracy

Geographical Representation

While the globe simplifies some features for clarity, it maintains a reasonable level of geographical accuracy. Major continents—Asia, Africa, North and South America, Europe, Australia, and Antarctica—are proportionally represented, with prominent countries and regions marked.

The physical features such as mountain ranges (like the Himalayas or the Andes) are depicted with simplified symbols or labels, serving as visual cues rather than detailed topographical maps. Major bodies of water, including oceans, seas, and large lakes, are clearly marked.

Labeling and Text Clarity

The labels on the globe are designed to be large and easy to read, facilitating early literacy and recognition. Country names, capital cities, and significant landmarks are prominently displayed, fostering initial geographic literacy.

However, given the small size, some detailed features and minor place names are omitted to prevent clutter, focusing instead on the most essential information suitable for beginners.

Limitations in Accuracy

Being a miniature globe, the eleven beginners globus cannot capture the full complexity of Earth's geography. Its scale limits the inclusion of smaller countries or intricate features. It's meant as an introductory tool rather than an exhaustive geographic reference.

Educational Benefits and Use Cases

Introducing Geography to Children

This globe serves as an excellent introductory tool for young learners. It helps children understand the basic layout of the world, recognize continents, and start memorizing country locations.

Educational activities include:

- Pointing out and naming continents and countries
- Recognizing major cities and landmarks
- Understanding relative locations (north, south, east, west)
- Developing spatial awareness

Stimulating Curiosity and Exploration

The colorful and tactile nature of the globe encourages children to explore independently, fostering curiosity about different cultures, environments, and global diversity. It can serve as a catalyst for storytelling, geography games, and classroom discussions.

Supplementing Educational Materials

Teachers and parents can incorporate the globe into lessons on world geography, history, and environmental studies. Its portable size makes it easy to pass around, making group activities interactive and engaging.

Decorative and Motivational Uses

Beyond education, the globe functions as a decorative piece in children's rooms or classrooms, inspiring a lifelong interest in the world. Its aesthetic appeal can motivate children to learn more about various countries and cultures.

Limitations and Challenges

Size Constraints and Detail Level

The primary limitation of the 11 cm globe is its small size, which restricts the amount of detail. For example, smaller countries or regions with complex borders may be simplified or omitted. This can lead to an oversimplified understanding if not supplemented with other educational tools.

Potential for Misinterpretation

Young children might misinterpret the scale or the relative sizes of countries due to the globe's simplified and scaled-down nature. For instance, landmass proportions may not reflect actual sizes accurately, which can lead to misconceptions if not clarified.

Limited Geographic Scope for Advanced Learning

While perfect for beginners, the globe's simplicity makes it unsuitable for older students or those requiring detailed geographic information, such as climate zones, political boundaries, or physical geography features.

Durability Concerns

Despite being made from durable materials, frequent handling or rough use may cause wear over time, especially on labels and painted surfaces. Proper care and handling are necessary to maintain its educational value.

Comparative Analysis with Other Globes

Size and Portability

Compared to larger globes (e.g., 20 cm or 30 cm), the 11 cm globe boasts exceptional portability. It's ideal for small hands and limited spaces, making it preferable for young children or environments with space constraints.

Educational Scope

Larger globes generally offer more detailed maps, including political boundaries, physical features, and thematic layers like climate or population density. The eleven beginners globe?s focus is on simplicity, making it less suitable for advanced studies but perfect for foundational learning.

Price and Accessibility

Smaller globes tend to be more affordable, making them accessible to a broader audience. The eleven beginners globus offers an economical entry point into geographic learning.

Design and Aesthetics

While larger globes may prioritize detail, smaller globes like this one excel in bright, engaging visuals that appeal to children, fostering interest and curiosity.

Practical Recommendations for Buyers

Ideal Users

- Children aged 3-10 years old beginning their geography journey
- Parents and teachers seeking an engaging, durable educational tool
- Small classrooms or home study spaces where size is a concern

Considerations Before Purchase

- Assess whether the globe?s simplicity aligns with educational goals
- Ensure labels are legible for the child's age group
- Verify the quality of materials for durability
- Explore available stand options for easy display and handling

Supplementary Resources

To maximize learning, combine the globe with:

- Age-appropriate geography books
- Interactive maps and digital tools
- Educational games focusing on world geography
- Cultural and environmental videos

Conclusion and Final Thoughts

The eleven beginners ng eleven beginners 11 cm globus stands out as a well-designed, engaging, and practical educational tool for introducing young children to the basics of world geography. Its compact size, vivid visuals, and user-friendly features make it suitable for early learners, fostering curiosity and foundational knowledge.

However, users and educators should recognize its limitations regarding detail and scope. It works best as a supplementary resource alongside other educational materials. For parents and teachers seeking a fun, durable, and portable globe that sparks interest without overwhelming young learners, this globe offers significant value.

In an era where global awareness is increasingly vital, starting with simple, accessible tools like the eleven beginners globus can lay the groundwork for a lifelong interest in geography, cultures, and the diverse world we inhabit. Proper use and contextual explanation can turn this small globe into a powerful educational catalyst, inspiring the next generation of explorers, travelers, and global citizens.

QuestionAnswer What is the size of the Eleven Beginners 11 cm globus? The Eleven Beginners 11 cm globus has a diameter of 11 centimeters, making it a compact and beginner-friendly globe suitable for learning. Is the Eleven Beginners 11 cm globus suitable for children? Yes, its small size and simple design make the Eleven Beginners 11 cm globus ideal for children and beginners starting to learn about world geography. What features does the Eleven Beginners 11 cm globus offer? This globe provides basic geographic features, including country borders, major cities, and continents, designed to aid beginners in understanding world geography. How durable is the Eleven Beginners 11 cm globus for classroom use? The globe is made from sturdy materials suitable for classroom environments, ensuring it can withstand regular handling by students. Can the Eleven Beginners 11 cm globus be used for educational activities? Absolutely, it serves as an excellent educational tool for teaching basic geography concepts to beginners. Where can I purchase the Eleven Beginners 11 cm globus? You can find the Eleven Beginners 11 cm globus at educational supply stores, online marketplaces, or specialized globe retailers. What is the price range of the Eleven Beginners 11 cm globus? The price typically ranges from affordable to moderate, making it accessible for schools, parents, and individual learners interested in basic globes.

Related keywords: eleven beginners, 11 cm globus, globe, world map, educational globe, mini globe, tabletop globe, student globe, learning globe, globe for kids

Read the full article online: [ELEVEN BEGINNERS NG ELEVEN BEGINNERS 11 CM GLOBUS](#)